

Pledge:

Prayer: Donna Carlton-Vish

Guests: Stefanie Holycross, sister of Lori Spicer Lawson

**Lori Spicer Lawson
Melanoma**

"God redeems our suffering so we can help others," said Lori Spicer Lawson, who shared her grief with us at the loss of her husband, Allen, 42, to melanoma. Her message to us is simple: Melanoma is preventable and curable, but only if caught in time.

Melanoma is a type of virulent skin cancer that can enter the bloodstream and turn up anywhere in the body - which is what happened to Allen. He had worked as a military jet mechanic in Springfield when in 1998 he had a mole removed that turned out to be malignant. The cancer reoccurred and in October, 2002, he died from the disease.

The cancer is the fifth most common in men, sixth in women.

She extols us to see a dermatologist when spotting unusual changes in moles, wear sunscreens (at least SPF 15) and stay covered when in the sun. Also, don't use tanning beds.

A PET scan (a type of blood test) is one of the best ways to spot cancer prior to it showing up in other kinds of tests—when having a physical, specifically ask for the test to be performed as part of your blood work.

The lessons she's learned from her ordeal: Keep faith in God and get the word out. Remember, sun worshipers, there's a price to pay for a golden tan.

AMBUCS Notes

Connie Oltman, of Bloomington, regional director of AMBUCS, was in the house at our Wednesday meeting. She administered the oath-of-office to our in-coming board officers and the entire assemblage took the AMBUCS oath. Donna Carlton Vish also presented the biography of Jack Feltman, of Georgia, who's running for national president. All of the candidates bio's will be circulated in the coming weeks.

Rose Wagehoft from Allied Waste Companies was in the house at this meeting. Her organization, which operates 6 landfills with Duckett Disposal and Brickyard Disposal & Recycling locally, was selling 50/50 raffle tickets. AMBUCS has been chosen as one of the three charities to receive the proceeds. Thank You!

Millie Wilson would like photographs or memorabilia collected in the last year to help complete the year's scrapbook. Call her at 442.3870.

About 10 AMBUCS participated in the annual HALO Painting Blitz held on June 14. Our home project was at 21 S. Virginia. The blitzed AMBUCS painters worked hard on the home in sticky conditions under a glaring sun. A job well done, folks!

The Danville Police Department's Citizens Police Academy will be held on Thursday, August 21 and Sept. 4 from 6:30-9 p.m. This is your chance to learn about a whole host of topics: K-9's, legal issues, drug enforcement, criminal, crime scene, traffic, and crash investigations, and more! Sign-up info is available from Lt. Richard.

Future Program

7/2 March of Dimes

Board Meeting

July 14 at noon at Clifton-Gunderson. Feel free to join us, and please park in the lot. Welcome new Board Members!

Summer Sounds

The Summer Sounds concert series kicked-off Friday, June 13. Volunteers will be needed to help set up some of the tables, sell adult beverages and tend throngs of concertgoers throughout the season. If you're going to be attending—pitch in and help. All of the Summer Sounds concerts will be from 6-8 p.m. on June 27, July 11, July 25, August 8 and August 22.

Playground For Everyone

Lt. Bob Richard announced our club's participation in a new program to have a monitor at the Playground for Everyone. There have been some security concerns at the park and this will help eliminate the problem. Our club has ponied up 1/2 of the salary of the monitor (with the other part picked up by the city), not to exceed \$2,200 during this season. The monitor will be on-site at the park from 10 a.m.-8 p.m. Our board of directors has voted in favor of this club expenditure.

Summer Camp

Melissa Bodensteiner is chairing the committee in charge of the annual AMBUCS Summer Camp. Volunteer sign-up's will commence in a while and more info also will be forthcoming. The camp runs from July 28-August 8.



Meetings - Wednesdays at Noon - Days Inn

Creating Independence for Persons with Disabilities

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