



CLUB NEWS LETTER

September 13, 2000

Welcome to AMBUCS where we are dedicated to creating opportunities for independence for people with disabilities, especially children.
news@ambucs-dnv.com
P.O. Box 266 Danville, IL 61832

Pledge: Janet Myres
Prayer: Lon Henderson

Members: 41
Guests: John Bova

Program

Dr. Robert Bartosh

Dr. Bartosh has been involved in the Arnold Classic for the past 12 years. The event is a body building competition where athletes are trained using a very strict diet and workout schedule and not steroids.

Dr. Bartosh has a long list of credentials in the fields of sports medicine, dietetics, chiropractic and many other specialties relating to getting peak performance from the human body.

He reminded us that with proper diet and exercise and self control, each one of us could reach our full physical potential.

\$15,000 Raffle

Tickets are now available. \$130 dollars gets you a fun night, dinner, and a chance at \$15,000. The raffle will be held at the Beef house on Thursday October 5th. Only 300 tickets will be sold.

Playground News

CCL has donated \$100 to the playground, and Henry Mies has donated \$1000.

Bill announced that Reader's Digest will be doing an article on Boundless Playgrounds in their November issue. Efforts to build the Danville playground will likely be mentioned.

The second annual golf outing will be held Sept. 15th at Harrison Park. Hole sponsorships are available for \$50. Your sign has already been made so just pay up.

We also need four or five more teams. The outing begins at noon, and beverages (translate: "cold beer") will be provided. Sign up by calling golf pro and really hip cat John Smith at Harrison Park.

Brown bags are still available and can be picked up at Leatherneck Hardware. Signs were passed out to be put up in members workplaces and wherever else we can put them.

Century Club

Anyone interested in participating in the Playground for Everyone Century Club can pledge \$100 to be billed monthly through dues or quarterly if a non-member.

It's a great opportunity to be a part of the playground.

AMBUCS and the Summer Sounds Concert Series

The final summer sounds concert was a huge success! It was Irish night, and we had such a crowd that we asked the band to play an extra hour. The crowd was extremely generous and donations totaled over \$300.

All the leftover beer was sold at \$10 a case (party at Al Runner's!) Thanks to all who volunteered their help with this season's summer sounds series! We estimate a net profit to the club around \$2000, but will have final numbers after next week's meeting.

50/50

\$11 donated to the playground



Meetings - Wednesdays at Noon - Days Inn

Newsletter Editor
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Creating Independence for Persons with Disabilities